

# Home Learning Guidance during Covid-19

## Garvestone Primary School

Whilst staying at home due to the Coronavirus (Covid-19), Unity Education Trust staff and schools are providing learning activities for children and young people, and encouraging parents/carers to support learning at home. We are proud of the partnership between our staff, children and parents, and the fabulous work that children and families are sharing with us.

The Department for Education's advice for parents/carers is centred on structuring your child's day. Whilst parents/carers should not worry about trying to maintain a full school routine for their child, children will feel more comfortable and learn better with a predictable routine to the day, even if this is difficult.

This routine includes supporting your child to get up and go to bed at the same time each day, to have regular meal times, take regular breaks and make time to be active and play.

Our school will usually set work which can be accessed on a digital device such as a laptop, desktop, tablet or smartphone, but please let us know if this is not possible.

We are aware that parents and children looking to start school in Reception in September may be feeling anxious at this time, but rest assured that we will do all we can to support your child with their transition to our school.

We are also aware that parents and children in Year 6 may be feeling anxious especially having prepared for assessments which would have been undertaken this term. Please rest assured that we are committed to maintaining continuity in their learning through the activities we are planning and sharing. Your support as parents/carers with home learning will ensure that together we can minimise the impact of the current school closure on your child's progress.

## Outline of home-learning activities from Garvestone: Teachers can be contacted via Tapestry or Class Dojos

Year Groups	Learning Activities set via:	Contact email for queries:
Year R-2	Tapestry	Email <a href="mailto:head@garvestone.norfolk.sch.uk">head@garvestone.norfolk.sch.uk</a>
Years 3-6	Class Dojos	<a href="mailto:head@garvestone.norfolk.sch.uk">head@garvestone.norfolk.sch.uk</a>

The Department for Education have also published support materials and resources on their Oak Academy ([www.thenational.academy](http://www.thenational.academy)) site where there are links and resources for children, parents/carers and teachers.

Also launching on 20<sup>th</sup> April is the BBC's new home learning site at <https://www.bbc.co.uk/bitesize> with activities and resources for all ages.

## Supplementary Online Resources

The list below of online resources selected by the Department for Education may also support children and parents/carers during this period of home learning, alongside specific programmes taught by your child's school.

English (Primary)	Other online resources available:
<p><b>Phonics and English provision will be set through Tapestry and Class Dojos –</b></p> <p>The DfE's validated phonics programmes include:</p> <ul style="list-style-type: none"> <li>• <a href="#">Floppy's Phonics Sounds and Letters</a></li> <li>• <a href="#">Jolly Phonics</a></li> <li>• <a href="#">Letterland Phonics</a></li> <li>• <a href="#">Letters and Sounds</a> (supplemented by closely matched and fully decodable books)</li> <li>• <a href="#">Phonics Bug</a></li> <li>• <a href="#">Phonics International</a></li> <li>• <a href="#">Read Write Inc.</a></li> <li>• <a href="#">Sound Discovery</a></li> <li>• <a href="#">Sounds-Write</a></li> </ul>	<p><b>Audible</b>            Website: <a href="https://stories.audible.com/start-listen">https://stories.audible.com/start-listen</a>            Key stages: early years foundation stage to key stage 2            Description: all children's audiobooks are available for free while schools are closed.            Registration: not required</p> <p><b>Authorfy</b>            Website: <a href="https://authorfy.com">https://authorfy.com</a>            Key stages: early years foundation stage to key stage 2            Description: access to masterclasses on texts from a range of authors, including videos from the authors and activities linked to novels.            Registration: is required</p> <p><b>BookTrust</b>            Website: <a href="https://www.booktrust.org.uk/books-and-reading/bookfinder/">https://www.booktrust.org.uk/books-and-reading/bookfinder/</a>            Key stages: early years foundation stage to key stage 2            Description: a site with recommended booklists, categorised by age range and topic, including fiction and non-fiction. Family activities are included in the 'Home Time' section.            Registration: not required</p> <p><b>Classroom Secrets</b>            Website: <a href="https://classroomsecrets.co.uk/free-home-learning-packs/">https://classroomsecrets.co.uk/free-home-learning-packs/</a>            Key stages: early years foundation stage to key stage 2            Description: downloadable resource packs which cover a range of subjects, including reading and writing.            Registration: not required</p> <p><b>Elevenses with the World of David Walliams</b>            Website: <a href="https://www.worldofdavidwalliams.com/elevenses/">https://www.worldofdavidwalliams.com/elevenses/</a>            Key stages: key stage 2            Description: one free audio book reading is available to listen to every day.            Registration: not required</p> <p><b>English Mastery</b>            Website: <a href="https://www.englishmastery.org/">https://www.englishmastery.org/</a>            Key stages: key stage 1 and key stage 2            Description: downloadable resource books providing 8 weeks of activities.            Registration: not required</p> <p><b>Literacy Shed</b>            Website: <a href="https://www.literacyshedplus.com/en-gb/browse/free-">https://www.literacyshedplus.com/en-gb/browse/free-</a></p>

### resources

Key stages: key stage 1 and key stage 2

Description: downloadable resource packs with tasks based on video clips on YouTube.

Registration: not required

### **Love Reading 4 Kids**

Website: <https://www.lovereadings4kids.co.uk/>

Key stages: early years foundation stage to key stage 2

Description: a site with recommended booklists, categorised by age range and topic, covering fiction and non-fiction.

Registration: not required

### **Pobble 365**

Website: <https://www.pobble365.com/>

Key stages: key stage 1 and key stage 2

Description: a new image is published each day as a basis for creative writing. Story starters, questions and drawing ideas are provided.

Registration: not required

### **Poetry by Heart**

Website: <https://www.poetrybyheart.org.uk/>

Key stages: key stage 2

Description: a wide selection of poetry covering different topics

Registration: not required to view poems, but it is required to access teaching resources.

### **Purple Mash**

Website: <https://2simple.com/purple-mash/>

Key stages: early years foundation stage to key stage 2

Description: free during the school closure period. Each week, a selection of daily activities is produced on different subjects, including comprehension and grammar.

Registration: is required

### **Storytime with Nick**

Website: <https://www.ruthmiskin.com/en/find-out-more/help-during-school-closure/>

Key stages: early years foundation stage to key stage 2

Description: available from Monday 20 April. Films of well-loved stories read by Nick Cannon, a trained actor, teacher and trainer.

Registration: not required

### **The Children's Poetry Archive**

Website: <https://childrens.poetryarchive.org/>

Key stages: early years foundation stage to key stage 2

Description: an archive of spoken poetry recordings. Children can listen to poems read out loud.

Registration: not required

### **The Day newsletter**

	<p>Website: <a href="https://theday.co.uk/subscriptions/the-day-home">https://theday.co.uk/subscriptions/the-day-home</a></p> <p>Key stages: key stage 1 and key stage 2</p> <p>Description: a daily newsletter for parents and carers at home with children, helping to enrich learning with real-world knowledge and skills.</p> <p>Registration: is required</p>
<b>Maths (primary)</b>	<b>Online Resources available:</b>
<p><b>Maths will be set through Tapestry or Class Dojos</b></p>	<p><b>Hamilton Trust (home learning section)</b>          Website: <a href="https://www.hamilton-trust.org.uk/blog/learning-home-packs/">https://www.hamilton-trust.org.uk/blog/learning-home-packs/</a>          Key stages: key stage 1 and key stage 2          Description: downloadable resource packs with teacher guidance. A week's worth of resources is provided for each year group.          Registration: not required</p> <p><b>Mathematics Mastery</b>          Website: <a href="https://www.mathematicsmastery.org/free-resources">https://www.mathematicsmastery.org/free-resources</a>          Key stages: early years foundation stage, key stage 1 and key stage 2          Description: downloadable guidance and resource packs for parents and pupils.          Registration: not required</p> <p><b>Nrich</b>          Website: <a href="https://nrich.maths.org/">https://nrich.maths.org/</a>          Key stages: early years foundation stage to key stage 2          Description: a range of activities. Some are interactive and some are to be completed offline. Activities are categorised by age range.          Registration: not required</p> <p><b>Numberblocks</b>          Website: <a href="https://www.bbc.co.uk/cbeebies/grownups/help-your-child-with-maths">https://www.bbc.co.uk/cbeebies/grownups/help-your-child-with-maths</a>          Key stages: early years foundation stage and key stage 1          Description: videos for numeracy development designed for children aged 0 to 6. There are fun activities that can be applied to everyday life and play.          Registration: not required</p> <p><b>Top Marks</b>          Website: <a href="https://www.topmarks.co.uk/maths-games">https://www.topmarks.co.uk/maths-games</a>          Key stages: early years foundation stage, key stage 1 and key stage 2          Description: a range of interactive maths games categorised by age group.          Registration: not required</p> <p><b>White Rose Maths (home learning)</b>          Website: <a href="https://whiterosemaths.com/homelearning/">https://whiterosemaths.com/homelearning/</a>          Key stages: early years foundation stage to key stage 2          Description: presentations and downloadable workbooks which are easy to use for parents. New material is being released each week.          Registration: not required</p>

Science (Primary)	Online resources available:
	<p><b>BBC Bitesize</b>            Website: <a href="https://www.bbc.co.uk/bitesize/primary">https://www.bbc.co.uk/bitesize/primary</a>            Key stages: key stage 1 and key stage 2            Description: interactive resources covering the primary science curriculum.            Registration: not required</p> <p><b>STEM Learning</b>            Website: <a href="https://www.stem.org.uk/primary-science">https://www.stem.org.uk/primary-science</a>            Key stages: key stage 1 and key stage 2            Description: an online resource bank, which links to resources on external websites. The site features a live chat function offering support from subject experts. New home learning resources are being developed.            Registration: is required for some resources</p>
PE (primary)	Online Resources available:
<p>These resources will help young people to get the daily 60 minutes of activity recommended by the UK Chief Medical Officer (CMO) in fun ways.</p> <p>All the resources listed here are for activities designed to be carried out indoors or, if available, a garden.</p> <p>Children and young people can go outside for one form of exercise a day, such as:</p> <ul style="list-style-type: none"> <li>• a walk with members of their household</li> <li>• a run with members of their household</li> <li>• a cycle with members of their household</li> </ul>	<p><b>Boogie Beebies</b>            Website: <a href="https://www.bbc.co.uk/programmes/b006mvsc">https://www.bbc.co.uk/programmes/b006mvsc</a>            Key stages: early years foundation stage            Description: videos that get younger children up and dancing with CBeebies presenters.            Registration: not required</p> <p><b>Disney 10 Minute Shakeups</b>            Website: <a href="https://www.nhs.uk/10-minute-shake-up/shake-ups">https://www.nhs.uk/10-minute-shake-up/shake-ups</a>            Key stages: early years foundation stage to key stage 2            Description: 10-minute activities based on Disney films that count towards a child's 60 active minutes per day.            Registration: not required</p> <p><b>Super Movers</b>            Website: <a href="https://www.bbc.co.uk/teach/supermovers">https://www.bbc.co.uk/teach/supermovers</a>            Key stages: key stage 1 and key stage 2            Description: videos which help children move while they learn. They support curriculum subjects, including maths and English.            Registration: not required</p> <p><b>#ThisIsPE</b>            Website: <a href="https://www.afpe.org.uk/physical-education/thisispe-supporting-parents-to-teach-pe-at-home/">https://www.afpe.org.uk/physical-education/thisispe-supporting-parents-to-teach-pe-at-home/</a>            Key stages: key stage 1 and key stage 2            Description: videos delivered by teachers focussing on the PE curriculum which are accessible on YouTube.            Registration: not required</p>

<p>Outdoor exercise should be carried out locally.</p> <p>Children and young people should always follow the latest <a href="#">official advice on social distancing</a>, which means making sure that they and their parent or carer stay more than 2 metres from others (including friends and other family members)</p>	
<p><b>Mental Health and Wellbeing (Primary)</b></p>	<p><b>Online resources available:</b></p>
	<p><b>Anna Freud National Centre for Children and Families</b>          Website: <a href="https://www.annafreud.org/what-we-do/anna-freud-learning-network/coronavirus/">https://www.annafreud.org/what-we-do/anna-freud-learning-network/coronavirus/</a>          Key stages: early years foundation stage to key stage 2          Description: wellbeing advice for all those supporting children and young people.          Registration: not required</p> <p><b>British Psychological Society (BPS)</b>          Website: <a href="https://www.bps.org.uk/news-and-policy/bps-offers-advice-schools-parents-and-carers-help-children-through-uncertainty">https://www.bps.org.uk/news-and-policy/bps-offers-advice-schools-parents-and-carers-help-children-through-uncertainty</a>          Key stages: early years foundation stage to key stage 2          Description: advice on dealing with school closures and talking to children about COVID-19.          Registration: not required</p> <p><b>Children’s Commissioner</b>          Website: <a href="https://www.childrenscommissioner.gov.uk/publication/childrens-guide-to-coronavirus/">https://www.childrenscommissioner.gov.uk/publication/childrens-guide-to-coronavirus/</a>          Key stages: early years foundation stage to key stage 2          Description: a downloadable guide for children about coronavirus.          Registration: not require</p> <p><b>MindEd</b>          Website: <a href="https://www.minded.org.uk/">https://www.minded.org.uk/</a>          Key stages: early years foundation stage to key stage 2          Description: an educational resource for all adults on children and young people’s mental health.          Registration: not required, but registration increases functionality</p>

	<p><b>The Child Bereavement Network</b>          Website: <a href="http://www.childhoodbereavementnetwork.org.uk/covid-19.aspx">http://www.childhoodbereavementnetwork.org.uk/covid-19.aspx</a>          Key stages: early years foundation stage to key stage 2          Description: advice on supporting grieving children during the coronavirus outbreak.          Registration: not required</p>	
<p><b>Special Educational Needs and Disabilities (SEND)</b></p>	<p><b>Online resources available:</b></p>	
	<p><b>SEND: apps and games</b>          (Apps must be downloaded onto a compatible device)</p> <p><b>Brain Parade</b>          Website: <a href="http://www.brainparade.com/products/see-touch-learn-free/">http://www.brainparade.com/products/see-touch-learn-free/</a>          Description: a visual instruction app, including flash cards and picture-choosing games, for children with autism and special needs.</p> <p><b>HelpKidzLearn</b>          Website: <a href="https://www.helpkidzlearn.com/">https://www.helpkidzlearn.com/</a>          Description: a collection of games and resources designed for a range of educational needs and stages. It includes provision for school closure.</p> <p><b>Sensory App House Ltd</b>          Website: <a href="https://www.sensoryapphouse.com/">https://www.sensoryapphouse.com/</a>          Description: a range of apps are available for pupils with Profound and Multiple Learning Difficulties (PMLD) or Severe Learning Difficulties (SLD). All are interactive and many do not require significant coordination abilities</p> <p><b>Visuals2Go</b>          Website: <a href="https://www.visuals2go.com/">https://www.visuals2go.com/</a>          Description: an all-in-one app created to support people with communication and learning difficulties. For verbal and non-verbal learners.</p>	

### Online Safety

When using digital devices, please ensure your child is safe online – they will have learnt and talked about online safety in school, ask them about the steps they need to take to be safe online too.

If you have age-appropriate parental controls on any devices your child may use, please set them, and supervise their use of websites and apps. Of course, digital devices are not the only way to learn. Manage screen time with a timer and break up screen time by getting your child to:

- use books and other printed materials that school has provided or that you have at home
- write by hand – try asking them to complete work by hand, write a diary, a summary of things they have learned each day or ‘to do’ lists



- be active and get away from the screen regularly for physical activity
- stop using digital devices at least an hour before bed

## Reception, Year 1 and Year 2 children

### To help children aged 4 to 7 to learn:

- sit with them as they work
- do active and practical things, rather than trying to make them sit and listen for long periods
- try to break down the work into shorter periods, based on how long they can concentrate
- take frequent breaks
- praise or reward them when they do well
- Talk with your child throughout the day and try to explain new words. For example, discuss everything you are doing and pick out words that might be new to them.

### Reading together:

When you read with your child try to:

- express the emotion in the story
- give colour to the characters using voices, tone and pace
- discuss the things you are reading
- You can make a story more interesting and help your child develop their understanding of a book by linking what you are reading to their life. For example, while reading about Cinderella going to the ball, talk about how a ball is similar to a birthday party.
- Ask your child questions about what you are reading as you go. For example, ask some questions that only need a short answer, such as what colour something is, or the name of a character
- ask some questions that need a longer answer, such as how a character is feeling
- ask them to tell you what has happened in the story so far
- Libraries are currently closed, but you can find digital services they are providing at Libraries Connected.

### Phonics

- Try to sit with your child and practise with them, following the advice you get from school.

### Writing

- Try to help children to continue to practise their writing. This may include the formation of letters and familiarity with pens and pencils for younger children, or practising creative writing for older children.
- Ask children to write about their day-to-day experiences of being at home, or to write letters to send to family members.

### Number

- Practise counting and numbers. This does not always have to be a planned activity. For example, count things around the house while you are doing other things like cooking or cleaning.



## Year 3 to Year 6 children

### To help children aged 7 to 11 learn:

- give them support and direction, but encourage them to do work independently too
- include active and practical things, rather than trying to make them sit and work for long periods
- try to break down the work into shorter periods, based on how long they can concentrate
- take frequent breaks
- praise or reward them when they do well

### To check their learning try to:

- ask them questions as they go
- talk about things they learned
- Ask children to talk through what they have learned during the day and find time to talk with them more generally.

### Reading

- Talk to your child about what they are reading. This will help them understand what they have read and encourage them to read for fun.
- Ask your child questions about what they are reading. For example, ask questions that make them think about the story, such as how a character is feeling
- ask them to tell you what has happened in the story so far
- Libraries are currently closed; however, you can find digital services they are providing at Libraries Connected.

### Writing

- Try to help children practise their writing. Work from school may be sent digitally, but using pen and paper will help children be ready for when they go back to school.

**Year 6 children (aged 10 to 11)** should continue doing any work set for them by their school.

To prepare for going to secondary school this can be a good time for them to follow their own interests. For example:

- History - by visiting the English Heritage website to explore England's history
- Geography - by researching other countries
- Science - by finding out more about the human body on BBC Bitesize
- Art - by trying the activities on TATE Kids website